

Today Sunday August 1

Blood pressure screening is free and available today after each morning service. Come to the church office, roll up your sleeve, and find out what your numbers are and what they mean, Hypertension can be a silent killer.

- 8:00 AM EUCHARIST RITE II ----- SANCTUARY, TRINITY HALL
10:30 AM EUCHARIST RITE II ----- SANCTUARY, TRINITY HALL
5:00 PM EUCHARIST RITE II ----- SANCTUARY, ST HELENS HALL

Monday August 2

- 7:00 PM VESTRY MEETING ----- BROOKS HALL, TRINITY HALL

Wednesday August 4

- 12:00 PM STAFF MEETING ----- LIBRARY, TRINITY HALL
1:00 PM WOMEN'S RETREAT PLANNING COMMITTEE ----- LIBRARY, TRINITY HALL
2:00 PM FAMILY KITCHEN PREP SQUAD ----- KITCHEN, TRINITY HALL
4:30 PM CENTERING PRAYER ----- CHAPEL, TRINITY HALL
All are welcome to join a group for an hour of prayer, silent meditation and readings.
5:30 PM ONTOLOGICAL COACHING WORKSHOP ----- LIBRARY, TRINITY HALL
Contact Nick Lapham for more information about Ontological Coaching. 541.678.5253 or
nick@juniperadvisors.com
7:00 PM ONTOLOGICAL COACHING WORKSHOP ----- LIBRARY, TRINITY HALL
Contact Nick Lapham for more information about Ontological Coaching. 541.678.5253 or
nick@juniperadvisors.com

Sunday August 8

- 8:00 AM EUCHARIST RITE I ----- SANCTUARY, TRINITY HALL
10:30 AM EUCHARIST RITE II ----- SANCTUARY, TRINITY HALL
5:00 PM EUCHARIST RITE II ----- SANCTUARY, ST HELENS HALL
5:00 PM FAMILY JAM ----- BROOKS HALL, TRINITY HALL

CALENDAR LOOK-AHEAD

AUGUST 12: COL WOMEN'S CIRCLE ----- ILLA REYNOLDS HOME
We will gather at 5:30 on Thursday August 12th at Illa Reynold's home. Gladys Higgenbotham and Carol Luther will co-hostess. We will start with a simple salad supper, so bring a topping to add to the salad bar. All women are invited to an evening of relaxed Christian fellowship. Directions to Illa's home will be in the narthex next Sunday for those not on the e-mail list. Contact: Marianne Lebre 541-330-6064.

AUGUST 13-15: GODLY PLAY TRAINING
See the Family Ministries Announcements for details

AUGUST 27-29: FAMILY CAMPOUT ----- CRANE PRAIRIE CAMPGROUND
Registration cards are available today! See Randy Jones or Donna Jacobsen.

AUGUST 29: 3 TO 8 PM—A SALE, A PARTY, A GREAT CAUSE! ----- MCBURNETT HOME
It's a new way to support Condega! It's the Second Annual Seconds Sale and Iced Tea Social! You are invited to a showing of Michelle Kaptur's Art Glass and Steve McBurnett's photography. This is a great chance to purchase directly from the artists. (Think Christmas shopping in August!) This year, a portion of the proceeds will support projects in Condega, Nicaragua.

ANNOUNCEMENTS

CHURCH OFFICE HOURS THIS WEEK: Jan will be out of the office from Monday through Thursday this week. During that time the office will be open from 9 AM to 3 PM.

THE PARISH NURSE will return August 10th. Please call the church office if you are sick or going to be hospitalized.

SCHOOL SUPPLIES FOR CONDEGA, NICARAGUA: Stores are beginning to run sale ads for school supplies. That's the signal it's time to start gathering school supplies for the church's outreach program in Condega, Nicaragua. Any school supplies we accumulate are taken to Condega and distributed by our representative to the most needy kids in the community. A box will be in the narthex to accept your donations. Thank you for your continued support!

SUMMER MUSIC: If you would be interested in providing special music for an offertory at the 10:30 service this summer, please contact the church office about available dates.

WE NEED HOSTS TO HAVE COFFEE! Would you host coffee hour next Sunday August 8th? ALL of the remaining Sundays in August and September are without hosts! Please call or e-mail Genie (541-317-8664 or genie@bendcable.com) if you would like to help.

MINING FOR GOLD: EXPLORING OUR LIFE JOURNEY is an interactive writing workshop for men and women. Facilitated by Edna C. Groves, M.S. this workshop is for everyone who is interested in relating their life story. Sign up before Aug 14 for the early registration discount. Workshop dates and location are: Sept 24th and 24th in the Fireside Room at St. Helens Hall. Registration forms and info on the kiosk in Brooks Hall or talk to Maria Wattier today or email cheryl.shay@bendbroadband.com.

DIOCESE OF EASTERN OREGON CALL FOR CANDIDATES - There are two 3-yr positions (1 lay member, 1 Cleric) to be filled on the Diocesan Standing Committee and 4 (One 2-yr Cleric, one 3-yr Cleric and two 3-yr lay member) positions on Diocesan Council. These positions will be filled at the 2010 Diocesan Convention to be held October 1 - 3 in Hood River, Oregon. Find convention information and application forms at the Diocese website: <http://www.episdioeo.org/G/g-convention.html>

VOLUNTEER OPPORTUNITIES IN OUR COMMUNITY

COMMON TABLE NEEDS VOLUNTEERS: Common Table is happening! Volunteers are needed for a variety of tasks and ongoing operational roles. Fill out a Volunteer card (located in each pew, in Brooks Hall and in the office) and put it in the offering plate or hand it in at the office.

MEALS ON WHEELS: The Central Oregon Council on Aging (COCOA) is looking for volunteers to deliver Meals on Wheels (MOW) lunches to needy Bend seniors and shut-ins. Volunteers need only volunteer for one day a week but they must have their own car, to deliver the meals. Couples might want to consider volunteering together, to visit folks who need company, and spell each from time to time. The time required is in the neighborhood of 1 – 1½ hours, only once a week.

Interested individuals/couples may call Marie Phillis of COCOA/RSVP at (541) 548-8817 to volunteer or get more information. Pat Gibson for the Outreach Commission.

FAMILY MINISTRIES

For more information, contact Donna Jacobsen via email at dj@trinitybend.org or on her cell at 541-760-5677.

REGISTER TODAY! GODLY PLAY TRAINING AUGUST 13TH – 15TH:

Registration still open! Caryl Menkhus, Director of Training for the Godly Play Foundation, will be our instructor.

SUNDAY MORNING EDUCATION VOLUNTEERS :

All Hands On Deck! August 22nd Lunch and Work Party after 10:30 service and until ?? A wonderful time to meet leaders from other classes & tour their classrooms, and get yours organized. Also a good time to hold your first team meeting to work out schedules, ideas and roles.

RESERVE TODAY! FAMILY CAMP August 27th to 29th:

Crane Prairie Campground. The more, the merrier! And we're looking to be very merry! Crane Prairie Campground. Please reserve early so we can plan the time and space wisely.

QUESTION:

What do you think about having a monthly Trinity Family Night starting in the Fall? Dinner provided super cheap (like \$3/person) then board games, crafts, music, reflections in Trinity Hall and a Parenting Track speaker in the sanctuary? I'd love to know your thoughts!

LOOK AHEAD:

Curious about a YOUTH MISSION TRIP to CONDEGA next Spring? Youth 12 and up are eligible. Come to an informational potluck September 19th from 6 – 7:30pm.